# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

#### COURSE OUTLINE

Course Title:	INTRODUCTION TO HUMAN RELATIONS
Code No.:	ED 156
Program:	TEACHER AIDE PROGRAM
Semester:	FIRST
Date:	SEPTEMBER 1988
Author:	T. HANLON
	New: Revision:
APPROVED: Chad	Mour N. Koch Scenler 25/88  The person Date

### ED 156 INTRODUCTION TO HUMAN RELATIONS Instructor: T. Hanlon

#### Course Description:

This course will examine the internal, mostly cognitive activities that shapes our communication, the verbal and non-verbal elements of the communication process, and the dynamics of relational communication students will have the opportunity to explore both intrapersonal and interpersonal relationships. This course will enable teacher aide students to develop improved interpersonal relationships in their own lives and to assist the teacher to maximize situations in the classroom which foster both positive learning and positive self-esteem building for each child.

#### Objectives

- 1. To examine the reasons why we communicate and the principles of effective communication.
- 2. To define and list the characteristics of self concept and to increase each student's knowledge of his/her own self awareness.
- 3. To enable the student to develop an understanding of the various modes and styles of communicating and how they impact on one's self and others.
- 4. To examine the dimensions and stages of interpersonal relationships with an emphasis on improving our own interpersonal relationships.
- 5. To examine techniques for resolving interpersonal conflicts and to allow the student to practise these techniques in the learning environment before applying them in real life.
- 6. To enable the student to apply the basic theoretical constructs of this course to real situations in the student's life and the child's life.
- 7. To encourage teacher aide students to constantly work towards making each child they interact with feel like a significant person.

#### Instructional Methodology

Classes will be conducted in a variety of ways with student participation an integral part of the learning process. Class participation (not merely attendance) will be considered extremely important. Classes will consist of lectures, discussions, structured activities, role-playing, etc.

#### Learning Resources

Text: Looking Out/Looking In: Interpersonal Communications. 5th Ed., Adler, Donald B., Towne, Neil. Holt, Rinehart, Winston, Toronto, 1987.

The College Library and Learning Resource Centre has an array of books, journals and tapes covering this topic.

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#### Evaluation

Tests (2)	40%
Journal	20%
Book Review	30%
Class Participation/	
Skill Acquisition	10%
Competency	

Total 100%

College Grading System

80-100% = A 70-79% = B60-69% = C

Less than 60% = R (repeat)